

Marriage 101 Week 1

Great Expectations

1. Ed laid out four reasons that expectations cause weight and conflict in marriage, when looking at these four reasons do you feel yourself carrying any weight in relation to them?

Expectations run into life

Expectations are too large and not attainable

Expectations have never been agreed upon

Expectations have never been spoken

2. Every marriage needs to have healthy expectations, look over the list and discuss if these expectations are present and being met in your marriage. (Please have grace with one another as you discuss these things)

Christ at the center

Honest Communication

Unconditional Love

Unmerited Respect

Faithfulness

Honesty

Encouragement

Safety

Acceptance

Support

Approval

Affection and Intimacy

3. Are there other healthy expectations in your marriage? If there are please take time to discuss them with each other.
4. In your marriage are there expectations when it comes to faith, God and church? If so what are they, or what should they be?
5. What is the difference between a want and an expectation?
6. How can you tell when you're shifting something from the want area into the area of expectation?
7. What makes a healthy expectation?
8. Read 1 Corinthians 13:1-8. Do the expectations you have for your marriage reflect the love that is described in this passage?