

Bible Journaling Basics

With Greta Urso

James 4:8a “_____ , and he will draw near to you.” ESV

Getting closer to God is an act of _____.

Bible Journaling is your _____ to God, in his _____ to you!

Supplies: Consider what your favorite supplies are. What items do you get excited to use?

Stumped? Here are the items that Greta uses: <https://tinyurl.com/biblejournalingsupplies>

The main goal of Bible Journaling is to: _____ with God's word.

My favorite ways to be creative:

Greta's Method of Bible Journaling (Over time you'll form your own, but this is a good place to start)

1. _____ yourself to reading. Put your phone somewhere else.

- Set up a “spot” to trudge to. Tools I’d like to have in my Bible Journaling Spot:
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2. _____ the passage in the Bible.

If you don’t have a reading plan in your Bible or one you prefer, try mine! Imagine I divide your Bible into OT/NT and Psalms/Proverbs. Then each day, read (1) Chapter of the OT/NT section **beginning in John** and (1) Psalm/proverb.

- Do not _____ yourself if you miss a day or haven’t been keeping up with it like you wanted.

3. _____: How will you interact with God’s word?

- Bible Journaling in an actual Bible
- Journaling in a notebook/sketch pad
- Verse Mapping

Speed Bumps – Things that will slow you down. After we work through them, circle the one that will slow you down the most.

1. _____: Check different translations and compare them in the YouVersion Bible App.

2. _____: Use Post-it’s to brain dump anything trying to take your mind off of the Lord.

- Your people will bother you at first because we are their person of contact. Let them know ahead of time what you’re doing and why and for how long.
- set a timer and add time for every interruption if it gets to that point
- eventually they may join you!

3. _____: Look to trustworthy commentaries to help you answer difficult questions. Be wary of just googling!

- _____ of the reading

- Who was the _____?
- What was their _____?
- Consider the _____ of the original Greek or Hebrew word.

Helpful resources: depends on your preferred medium. Lettering books, scrapbooking websites, colored pencils books, etc.

Lettering: decide your standard fonts. Mine are:

Basic: Block Caps

Subheading: Tall & Skinny

Heading: Swoopy.

Basic:

Subheading:

Heading:

My Rhythm: Start in pencil; always date!!! Over line in thin pen (I use micron), then Erase pencil and Add color of choice (watercolor, fun papers, stickers, acrylic, colored pencils). Find inspiration on Pinterest or Google image search. **Let's GO FOR IT!**